

Surviving and Thriving in a Dysfunctional Family

- Are you holding on to a family secret?
- Ever felt like you were the responsible parent?
- Do you struggle trusting an intimate partner?
- Do you feel shame telling your friends about your family?

A support group for students impacted by family issues such as physical or emotional abuse, mental illness, alcohol or drugs. Through awareness and trust, this group will discuss the impact on family relationships, self-esteem, and connection with others.

**WE WILL MEET WEEKLY THROUGHOUT THE
SPRING SEMESTER BEGINNING
WEDNESDAY, FEBRUARY 27TH 3:30-5 PM
at the Stone Center.**

If you are interested, have questions or would like more information, please contact the group co-leaders:

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