

SPRING

# TAKE A BREAK

2015

★ EVERY DAY!

SUN. 5/10

**Hindu Paja**  
11am - 12 pm  
Meditation Room, Chapel



MON. 5/11

**Dog Therapy**  
*\*see LTS for times & locations*  
**PLTC Breakfast & Study Tips**  
10-11:30am, 3<sup>rd</sup> floor Clapp Library  
**Open Swim**  
12-1:30 pm KSC Pool  
**MYO Snack**  
12-1:30 pm Bates  
**Spinning**  
2-3 pm and 5-6 pm KSC  
**Open Swim**  
6 -7:30 pm KSC Pool

TUE. 5/12

**Davis Museum Study Session**  
11-4 pm Snacks, Activities, Study Space  
**Open Swim**  
12-1:30 pm KSC Pool  
**MYO Snack**  
12-1:30 pm Bae Pao Lulu  
**Massage**  
1-4 Clapp Library Lounge  
**Mindfulness Coloring**  
2- 3pm Stone Center  
**Spinning**  
5- 6 pm KSC201  
**Kickboxing 101**  
6-7 pm KSC 102  
**Open Swim**  
6-7:30 pm KSC Pool  
**Moonlight Breakfast**  
MYO Lavender Rice Socks Hugs & Kisses w/ BHEs  
9-11 pm Bates Dining Hall \* Bae Pao Lulu

Exam Treats & Programming  
in your  
**RESIDENCE HALL**

Walk the  
**Chapel Labyrinth  
or Lake**

BROUGHT TO YOU BY THE  
**WELLNESS OUTREACH COMMITTEE**  
HEALTH SERVICE \* PERA  
STONE CENTER COUNSELING SERVICE \*  
WELLESLEY FRESH \* STUDENT INVOLVEMENT

WED. 5/13

**Open Swim**  
12-1:30 pm KSC Pool  
**MYO Snack**  
12-1:30 pm Stone Dining Hall  
**Pool Games**  
1:30-2:30pm KSC Pool  
**Boot Camp**  
4:30-5:30 pm KSC 102  
**Drumming and Dancing**  
6-8pm, Multifaith Ctr. Gathering Room  
**Meditation**  
7-8 pm Meditation Rm, Chapel  
**Open Swim**  
6 -7:30 pm KSC Pool

THURS. 5/14

**Open Swim**  
12-1:30 pm KSC Pool  
**MYO Snack**  
12-1:30 pm Tower Dining Hall  
**Reiki**  
3 -4 pm, Clapp Library Lobby  
**Barre**  
5-6 pm KSC 202  
**Open Swim**  
6 -7:30 pm KSC Pool  
**Meditation**  
7-8 pm Meditation Rm, Chapel

FRI. 5/15

**Open Swim**  
12-1:30 pm KSC Pool  
**Intro to Boxing**  
12:30-2:30pm, KSC Multi Purpose Gym  
**MYO Snack**  
12-1:30 pm, KSC  
**Massage**  
1-3 pm Lulu 413  
**Yoga on the Chapel Lawn**  
3-4pm, Chapel Lawn  
**Open Swim**  
6 -7:30 pm KSC Pool

AND PARTNERS:  
Davis Museum\* Greenhouse\* LTS  
\*ORSL\* PLTC\*Residential Life



Exp. 5/17 Q? Ctrevorwright Dis. Jwice