1. Notice the event along with the continuum of behaviors.
2. Consider whether the situation demands your action.
3. Decide if you have a responsibility to act.
4. Choose what form of assistance to use.
5. Understand how to implement the choice safely, Darley & Latune, 1968

Think of the Three D’s
Direct
Distract
Delegate

Click on the links below to learn more!
- Step up – American University
- Engaging Bystanders in Sexual Violence Prevention