

# Stone Center Counseling Service



## Did You Know?

- Many people experience the first symptoms of depression during their college years
- Unfortunately, many college students who have depression are not getting the help they need.
- They may not know where to go for help, or believe that treatment will not work.
- Others do not get help thinking their symptoms are just part of the typical stress of college
- Some are worried what people will think if they seek mental health care.

Visit [www.wellesley.edu/counseling](http://www.wellesley.edu/counseling)  
to find out how to take an online  
screening for depression

For more information go to: **Depression and College Students**  
<https://www.nimh.nih.gov/health/publications/depression-and-college-students-new/index.shtml>

(M-F 8:30-4:30)

[www.wellesley.edu/counseling](http://www.wellesley.edu/counseling)

Emergencies: 781-283-2839 Evenings or Weekends  
or Campus Police 781-283-5555 (24 hrs.)



Accessibility and Disability Resources  
[accessibility@wellesley.edu](mailto:accessibility@wellesley.edu)

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