Introducing Your Member Portal

Browse benefits. Request services. Enjoy 24/7/365 access.

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress and make life easier—all easily accessible through your member portal.

**Request a Mental Health Session**
Request counseling by submitting an online form or live chat. Choose from in-person or virtual counseling options to meet your needs.

**Request Referrals & Resources**
Submit a request for family care and lifestyle support including childcare and eldercare referrals, legal and financial consultation, personal assistant referrals and medical advocacy consultation.

**Explore Thousands of Self-Care Articles & Resources**
Health and lifestyle assessments, interactive checklists, soft skills courses, podcasts, resource locators, exclusive discounts, and expansive articles on whole health and well-being.

**Visit Your Online Financial Center**
Featuring worksheets, calculators, and a wide range of financial resources and tools to help reach personal goals and build financial wellness.

**Getting Started Is Easy**

1. Visit [allonehealtheap.com](http://allonehealtheap.com) and click on “Log In to the Member Portal”

2. Register to create a new account using your company code shown below

3. A confirmation email will be sent to complete the process

Contact AllOne Health EAP
Call: 800-451-1834
Visit: allonehealtheap.com
Code for Member Portal: wcollege