# Wellthy Caregiving Support for Wellesley College













#### Plan and learn

Empowering you with the tools, education, and resources you need to develop a plan and manage care.

# **Get things done**

Providing access to dedicated Care Coordinators who get to know you and address your unique care needs.

### Feel less alone

Connecting you with a peer-driven community to share your experiences and support one another.



# Aging support

Todd lives in a multigenerational household with his mother-in-law Carol, wife Ana, and their newborn Sam.

Carol suffers from dementia, and has been living with Todd and Ana for some time. While he and his wife have been struggling to balance work with Sam's childcare needs, they've watched Carol's needs evolve as well. She's been having a more difficult time managing day-to-day tasks, and being there to support her is taking a lot of time away from their work and home lives. The family knows they could use some extra support, but aren't sure where to begin.

Todd remembers a recent email about having access to family care support through his employer, so he visits his company's dedicated Wellthy landing page and creates an account.



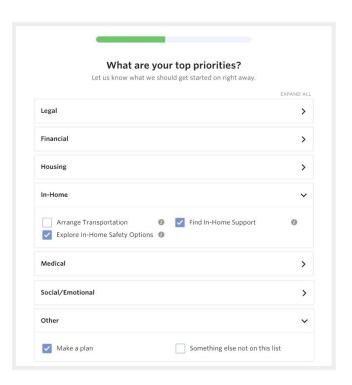


# Aging support (cont.)

Todd starts the onboarding process by setting up a care project for Carol, and sharing some basic info about their situation. Based on what he shares, Todd and his family are instantly matched up with the best-fit Care Coordinator. In this case, it's Jennifer, a mother and licensed social worker with experience in geriatric care management.

Within minutes of creating his account, Todd has invited his wife to join the Care Team, and they've already booked a kick-off call for the next day with Jennifer

Once they've had a chance to chat about the family's unique situation, Jennifer gets to work setting up a holistic care plan that addresses it all





# **Wellthy's Care Framework**

Our Care Framework ensures families are considering and addressing all of the variables of care beyond just medical needs.



#### Medical

Doctors, Prescriptions, Physical Therapy, Records



**Financial** 

Social Security, Benefits, Insurance, Tax Deductions



In-Home

Safety, Home Care, Transportation.



#### Housing

Senior Living, Moving Services, Short-Term Solutions



Legal

Power of Attorney, Advance Directives, Wills



#### Social + Emotional

Support Groups, Social Activities, Memory Care



# Aging support (cont.)

Jennifer suggests the following tasks for the family — some of which they hadn't even considered — and works closely with Todd and Ana to assess and prioritize immediate needs:

- Finding and vetting in-home respite care
- Establishing power of attorney
- Verifying insurance coverage
- Evaluating local memory care facility options
- Scheduling next wellness check-up
- Providing memory care support



#### Jennifer Hart Care Coordinator

Dec 15 2021, 11:40 AM

Great! I have a call set up for Friday at 3pm. I'll send over a list of questions to ask with Carol's specific needs in mind later today.



#### Todd Roper

Dec 15 2021, 11:26 AM

Regency Park looks like a good fit! Let's get the call set up this Friday afternoon if possible?



#### Jennifer Hart Care Coordinator

Dec 15 2021, 11:19 AM

Hi Todd.

I've found a facility that looks like it could be a great fit for Carol. Regency Park is one of the more affordable options in the greater Portland/Hillsboro area, and they specialize in Alzheimer's and dementia support. If you'd like, I can set up a call with someone from the facility for next week and supply you with a list of questions you'll want to ask?

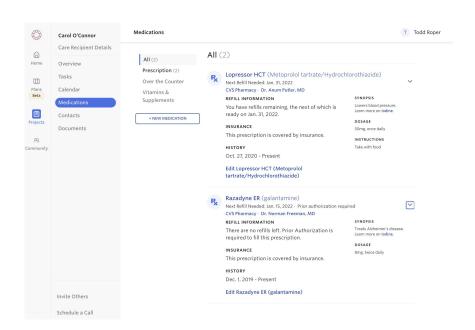


# Aging support (cont.)

As Jennifer starts getting things done on their behalf, Todd and Ana are free to use the platform, which keeps all of Carol's appointments, contacts and important documents at their fingertips.

They can easily navigate tasks and conversations, see updates, and reach out to their Care Coordinator whenever needed. Jennifer will keep the family in the loop with her progress, and stay involved with their needs as things change.

With the help of Wellthy, Todd can breathe easier knowing his family's needs are taken care of. He pauses his project, feeling assured that he has a care expert in his back pocket for whatever life brings next.





# Our solution helps employees and their families across the full spectrum of care



#### Aging

For aging family members dealing with all kinds of life changes



**Special Needs** 

Advocacy, expertise and partnership for special families



**Mental Health** 

Ongoing support for those struggling



**Health Conditions** 

Handling a tough diagnosis or ongoing condition



**Veteran Support** 

Helping our heroes and their families get the care they deserve



Childcare

Guiding parents through childcare and learning options



**Financial Support** 

Support for hard working families feeling financially strained



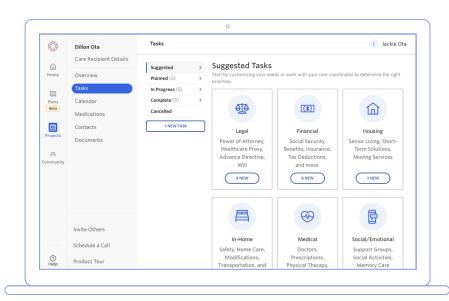
#### **Teen Support**

Support navigating the unique challenges their teens face today



#### **Care Dashboard**

Tasks Calendar Medications Contacts Documents







#### **Our Care Team**

#### **Care Coordinators**

Dedicated experts carefully matched with each family based on their needs

#### **Care Advisers**

Care professionals providing specialization behind the scenes



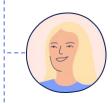
**Wellthy Member** Sponsored employees, care recipients, and invited friends and family



**Care Coordinator** Licensed Social Workers. Nurses, Caregivers, and other backgrounds



Care Adviser In-Home Care



Care Adviser Medicare & Medicaid



Care Adviser Insurance Claims

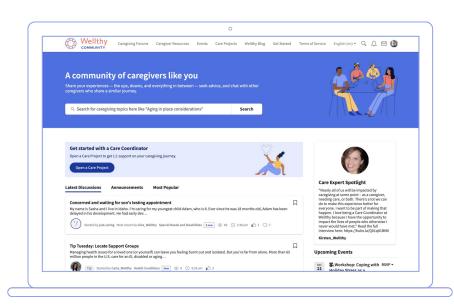


Care Adviser Financial Support



# **Wellthy Community**

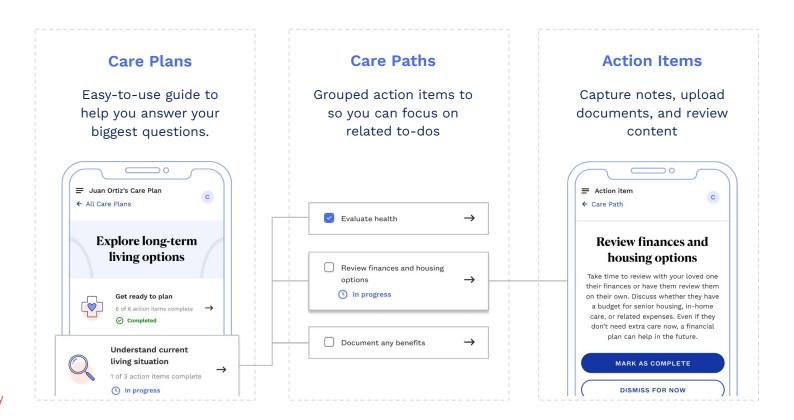
- Empowering caregivers with knowledge, resources and peer support
- Discussions, tips, questions, featured content, webinars and events
- Expert moderation and guidance from Wellthy's care professionals





# Care Planning by Wellthy

For a majority of us, a day will come when caregiving responsibilities are needed. You can create a plan, stay organized, and feel confident you're prepared for those who will look to you for care.







# Taking care of their mom

Kristy and Maureen were spending time on vacation when their mom had a major heart attack, leading to multiple medical complications including a leg amputation. Here's how Wellthy helped:

- Financial: Supported with claims and billing, liaising between medical providers, insurance providers and the mom's hospital
- In-Home: Recommend local contracting companies to set up a home alert system and arranged transportation services
- Medical: Set up a shared calendar to help with appointment management and transferred medical records between providers

**Highlight:** Saved the family \$748,405.90 after the successful approval of several insurance appeals





# Taking care of her partner

Heather's partner, Michael, is dealing with multiple health concerns, and recently had a stroke, which has him in a wheelchair. Here's how Wellthy helped:

- Social + Emotional: Researched local counseling services for their teenage daughter coping with a parent who is disabled, and evaluated respite care options for Heather
- **Medical:** Gathered and digitized all important medical and legal documents
- **Financial:** Supported with Medicaid considerations and guided them through the approval process

**Highlight:** Received insurance approval to cover a wheelchair repair that was previously denied, and leveraged the employer's EAP counseling services





### Taking care of their daughter

Cindy's daughter has a rare genetic condition. She and her husband were overwhelmed with navigating therapy, insurance coverage, state resources, and school options. Here's how Wellthy helped:

- **Financial:** Provided guidance on the Special Needs Trust application process
- In-Home: Arranged in-home support services
- **Social + Emotional:** Researched support groups and located various school programs
- Medical: Verified insurance coverage for various therapies (physical, occupational, speech), and set up a shared calendar for appointment management

**Highlight:** Helped the family ensure they were making all of the right considerations for their daughter, and took a huge load off their plate while navigating a difficult situation



# Getting started with a Care Coordinator is simple

- Signing up takes just 30 seconds. Get started at join.wellthy.com/wellesleycollege and create an account with unique code WellesleyCares. You can then share more about your situation and tell us what's going on
- Using that information, Wellthy's proprietary algorithm instantly matches families with a dedicated care expert, based on their unique needs
- The Care Coordinator sets up and prioritizes tasks, and the important things start getting done on the family's behalf





# Questions?

