How to create a Harvard Pilgrim Wellness Account

Already have a Personal Account

1. Visit [www.harvardpilgrim.org/wellnessaccount](http://www.harvardpilgrim.org/wellnessaccount) and either:
   a. Log in with your Harvard Pilgrim secure account username and password, or
   b. Click Forgot member password or username to reset

Create a Personal Account

1. Visit [www.harvardpilgrim.org/wellnessaccount](http://www.harvardpilgrim.org/wellnessaccount) and click Create Member Account and proceed to the next page to follow instructions.
2. Click **Create a secure account**

3. To identify yourself, select either the last four digits of your Social Security Number (SSN) or your Harvard Pilgrim Member ID (from your Member ID card).

Using **Member ID**, enter your date of birth:

Using **SSN**, enter your first and last name and date of birth:
4. Follow the remaining prompts to create a username and password. **Once your online account has been created, close the browser.**

5. Visit [www.harvardpilgrim.org/wellnessaccount](http://www.harvardpilgrim.org/wellnessaccount) and bookmark this page for future use.

6. To log into your Wellness account, visit the site above and enter your username and password

7. You will be prompted to determine your preferences as a one-time only step. Once you have entered the following information, click **Create My account:**
   a. Select language
   b. Enter the name you would like to be known by on the Wellness site
   c. Accept Terms of Service and Privacy Policy.
8. Once you have set your preferences your Wellness Home Page will appear. 
*(Please note: This is an example of a home page. Your Wellness Home page will display your employer’s logo and will reflect your specific program.)*

![Wellness Home Page Screenshot](image)

**PLEASE NOTE:**

Once your account has been created, please bookmark the site: [www.harvardpilgrim.org/wellnessaccount](http://www.harvardpilgrim.org/wellnessaccount), so you can easily return to use your wellness account.

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**Please contact Harvard Pilgrim’s Wellness Services, if you need assistance,**

Monday – Friday, 9am – 5pm at **877.594.7183** or by email at **HPWellness@harvardpilgrim.org**.