

LGBTQ+ Student Resource Guide

This guide serves as a compilation of resources for LGBTQ+ students at Wellesley College. Please share this resource guide with your Wellesley siblings!

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Contact ag100@wellesley.edu or as5@wellesley.edu if you have any questions or suggestions for additional resources

On-Campus Resources

Office of LGBTQ+ Programs and Services Staff

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Q-Connectors

The Q-Connectors are here to forge stronger student connections to the Office of LGBTQ+ Programs and Services! They facilitate events put on by the Office and possess unique interests that help create these connections within Wellesley's LGBTQ+ community. The Q-Connectors for the 2020-2021 school year and their interests are listed below:

- Landon Casolari (email mcasolar): sexual health, gender identity, being Trans at a historically women's college, crocheting
- Breanna White (email bwhite4): QPOC, LGBT in STEM, queer film studies
- Mila Cuda (email mcuda): queer art/literature, community building, astrology
- Andreea Sabau (email as5): activism/social justice, queer literature, politics
- Tazrean Hossain (email th103): social justice, creative writing

Social Media

- **Facebook:**
<https://www.facebook.com/WellesleyCollegeLgbtProgramsServicesOffice/>
- **Instagram:** @wellesleylgbtq

Career Education

- [Resources for LGBTQ+ students](#)

LGBTQ+ Student Groups

- **blackOUT:** blackOUT serves to create an inclusive and comfortable space for all students of African descent at Wellesley who identify as queer (LGBT*QIA) or questioning

- **Familia:** Familia is a group for LGBT*QIA* & Questioning Latinas on Wellesley College's campus
- **Tea Talks:** group for LGBTQ and questioning students of Asian descent
- **Siblings:** support and community for students who identify as TGNC (transgender and gender non-conforming)
- **QTSAQ:** Queer and Trans South-Asian Coalition
- **Wildcards:** for students who identify as asexual and/or aromantic

Off-Campus Resources

LGBTQ+ Resources

Riverside Community Care Resource Guide: Supportive resource for those who identify as LGBTQAI+, and for their friends, family in the Boston metro area.

Framingham GLASS Drop-In Center for LGBTQ Youth of Color: Framingham GLASS offers a safe community space for LGBTQ youth of color and their allies ages 13-25. The center provides activities, games, movies, and hang-out space along with free food, toiletries, and safer sex supplies like condoms. Drop-in hours are 4-7 p.m. Tuesday and Thursday. In addition, the program offers one-on-one support, STI/STD testing, treatment, PrEP, and other services between 11 a.m. to 4 p.m. Monday through Friday. For people over the age of 25, they may receive individual prevention, counseling and testing services on a one-to-one basis. Contact LB Moore at lbmoore@jri.org for more information and follow on Facebook at www.facebook.com/framinghamglass. **Note:** GLASS has temporarily shifted its schedule/services during COVID to adapt to the virtual format. [This document](#) provides a complete list of online services.

Tapestry Health: Provides affordable, LGBTQ+-friendly healthcare, such as free breast and cervical cancer screenings, free and anonymous HIV testing, and a needle exchange program.

The Boston Alliance of Lesbian, Gay, Bisexual, Transgender, Queer Youth (BAGLY): BAGLY is a youth-led, adult-supported social support organization, committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ+ youth community.

- Contact info: info@bagly.org | 617-227-4313 | 28 Court Square, Boston, MA 02108

Queer Asian Pacific-Islander Alliance: Provides a supportive social, political, and educational environment for LGBTQ people of Asian and Pacific Islander heritage in the Boston and New England area. They have a [Facebook](#) and a [Meetup](#) where members can interact with one another and plan events.

New England Aces: This group is open to anyone who identifies on the asexual spectrum or as an ally to the asexual community. They host regular social events (currently virtual due to the COVID-19 pandemic) and work on educational initiatives.

MA LGBTQ Resource Guide: For any other resources not listed here, this map provides a list of resources for LGBTQ+ people in the state of Massachusetts.

Trans-Specific Resources

Trans Community of New England (TCNE): A Boston-area transgender support organization for the transgender community. They offer social activities and support for transgender individuals, with a community space in Waltham to meet others in a safe environment and express yourself.

Boston Area Trans Support: BATS is a support group for Trans and non-binary people who are 18+ and living in and around the Boston area. They assist with support in understanding your gender identity, help with coming out or transitioning, and providing emotional support and a sense of community. Anybody who identifies as Trans or who is sincerely questioning their gender identity is welcome.

Compass: A support, information, and social group for people assigned female at birth who feel that is not an accurate or complete description of their gender. They meet the first Thursday of every month in Boston, from 7-9 p.m. (Due to COVID-19, meetings are currently being held over Zoom.)

Online/Phone Resources

LGBTQ+ Resources

The Trevor Project: A non-judgmental hotline with LGBTQ+-sensitive trained counselors you can contact through a call, text, or chat during a mental health crisis and/or suicidal thoughts. Available in the United States.

- TrevorLifeline: Call 1-866-488-7386; Available 24/7; Free
- TrevorText: Text START to 678-678 to have a confidential conversation with a Trevor Counselor; Available 24/7; Standard text messaging rates apply
- TrevorChat: Enter the online portal through [this link](#) on a computer; Available 24/7; Free
- TrevorSpace: An online community for LGBTQ+ people ages 13-24; Access through [this link](#); Free

Gender Spectrum: An advocacy organization for LGBTQ+ kids and teens, which is continuing to offer online groups and programs.

- [Resource Page](#): here you can register to be part of ongoing online or phone discussion groups for kids, teens, parents, grandparents, facilitators, and more
- [Live Stream Webinars](#): Gender Spectrum regularly hosts webinars, with their most recent being about how to understand gender for parents

Crisis Text Line: This crisis text line is not specifically for LGBTQ+ people, but over 40% of their texters identify as LGBTQ+, and responders have received training for LGBTQ+ needs. Available in the United States, Canada, and the United Kingdom.

- In the United States, text HOME to 741741 to connect with a Crisis Counselor; Available 24/7; Standard text messaging rates apply

National Domestic Violence Hotline: Not specifically for LGBTQ+ people, but provides life saving tools and immediate support to empower victims and survivors to find safety and live free of abuse, such as a helpline and a live chat. They also provide support to friends and family members who are concerned about a loved one.

- Call 1-800-799-7233; Available 24/7; Free
- They also offer a live chat at [this link](#); Available 24/7; Free

LGBT National Help Center: Offers a national hotline for both youth and seniors, as well as online peer support chat rooms and a weekly youth chat room for queer kids age 19 or younger.

- LGBT National Hotline: 888-843-4564; free
- LGBT National Youth Talkline (through age 25): 800-246-7743; free
- They also offer a live chat at [this link](#); free

Believe Out Loud: A faith organization that advocates for LGBTQ+ inclusion. They have compiled a list of LGBTQ+-inclusive places of worship that live stream services online.

Pronouns: This [game](#) and this [interactive webpage](#) can help you practice using different pronouns, which can be helpful if you want to try out a variety of pronouns.

Pronoun Dressing Room: A website where you can enter your name and pronouns and read a story about yourself with various pronouns. This is really helpful for when you want to try out a new name or set of pronouns for yourself.

Pride Chats from the Ace and Aro Advocacy Project: The last weekend of every month, the Ace and Aro Advocacy Project hosts a chat on Discord to provide a sense of community for those identifying as asexual and/or aromantic. The topic of these chats changes each month.

(repl)ACE THE MEDIA!: This is a Twitter account (@acethemedia) that promotes resources for those on the asexual and/or aromantic spectrum. These resources include podcasts, news articles, and other educational materials.

Black Youth Project Essay: Sherronda Brown authored this valuable article, called “Black asexuals are not unicorns, there are more of us than we know.”

Trans-Specific Resources

Trans Lifeline: A 24/7 hotline available in the United States and Canada staffed by transgender people for transgender people. Trans Lifeline is primarily for transgender people in a crisis, from struggling with gender identity to thoughts of self-harm.

- United States: Call 1-877-565-8860; Available 24/7; Free
- Canada: Call 1-877-330-6366; Available 24/7; Free

Out of Yer Shell: This website was created by transgender and gender non-conforming people, for transgender and gender non-conforming people. It hosts a plethora of resources, especially for transgender and GNC youth.

Transgender Teen Survival Guide: This is a Tumblr blog with lots of information and resources for Trans, non-binary, and gender non-conforming folks. They have a long [FAQ](#) and guides for [transfeminine](#), [transmasculine](#), and [non-binary](#) folks.

Johns Hopkins Center for Transgender Health: Looking for resources on transgender health and well-being? This website offers a variety of resources from Johns Hopkins and beyond to ensure you and your loved ones have the information you need to live fully and authentically.

Trans Lifeline Microgrants: Trans Lifeline believes in redistributing money directly into Trans people's hands, with an emphasis on BIPOC and those who are incarcerated. Three different types of microgrants are available: for name changes, commissary, and post-release.

Resources for Scholarships

LGBTQ+-Resources

[Scholarships and Internships](#): This guide consists of a list of educational scholarships and internships available mainly for LGBTQ+ students.

[College Scholarships for LGBTQ+ Students](#): This guide, compiled by Study.com, includes educational scholarships geared toward LGBTQ+ students and resources on how to choose an LGBTQ+-friendly college.

[Point Foundation](#): The Point Foundation provides scholarships and leadership development opportunities for LGBTQ+ students, with their Point Scholars program. Applications can be completed online.

Trans-Specific Resources

[Scholarships and Resources for Transgender College Students](#): EDUMED developed a guide to organize specific scholarships relating to Trans students. It was designed to help Trans students find the resources they need to make their college dreams a reality.

Resource Kits

LGBTQ+ Resources

Coronavirus Resource Kit: This kit is a collectivized document that will be updated as more mutual aid projects and resources appear online. This compilation features resources from disabled, queer, elderly, Asian, and Indigenous people. This includes mutual aid projects from Seattle, Philadelphia, DC, Twin Cities, Boston, and Chicago.

A Guide to Organizations for the Black LGBTQ+ Community: A list of organizations all across the country geared toward supporting the Black LGBTQ+ community.

A Guide to Resources for LGBTQ+ Migrants: A list of organizations all across the world geared toward supporting LGBTQ+ migrants, refugees, and asylees.

A Guide to QTPOC Organizations in the U.S.: A list of organizations that are geared toward queer and Trans people of color in many states across the U.S.

Resources for LGBTQ+ International Students: These resources provide support toward LGBTQ+ international students arriving in the United States for their studies.

Trans-Specific Resources

Trans Equality's resource pack for trans people during COVID-19: Resource pack that focuses on the unique medical needs of the Trans community, including tools for creating a plan of action, important resources, mutual aid, and emergency funds.

A Guide to Resources for Trans and Gender Non-Conforming Youth: A list of organizations all across the country geared toward supporting transgender youth. National and state-level organizations are included.

Resources on Coming Out/Inviting In

LGBTQ+ Resources

[HRC's Resource Guide to Coming Out:](#) The Human Rights Campaign, which provides support to the LGBTQ+ community through political advocacy, authored this resource guide in April 2014 to guided closeted individuals through their coming out journey. The section on making a coming out plan is particularly helpful.

[The Trevor Project's Resource Guide to Coming Out:](#) The Trevor Project, which specializes in providing support to LGBTQ+ youth, authored a similar resource on how to approach coming out. It includes helpful tips on how to "test the waters" and to identify the best timing and a support network.

Trans-Specific Resources

[HRC's Guide to Coming Out as Trans:](#) Published by the Human Rights Campaign, this is a comprehensive guide to coming out as Trans and/or non-binary. It guides Trans folks through deciding when to tell others, creating a disclosure plan, how to approach the conversation with different people, transitioning, and more.

[Sample Coming Out Letter:](#) For Trans youth who feel safe coming out to their parents but are unsure how to, this article provides a letter outline for coming out as Trans.

[Transgender in the Workplace:](#) This guide includes a section on how to approach coming out as Trans in the workplace.

[FAQs for Transgender Job Seekers:](#) This FAQ provides tips on how to navigate Trans identity in the process of job hiring and in the workplace.

Quarantine Strategies/Resources

LGBTQ+ Resources

9 Strategies for Quarantining in a Non-LGBTQ+ Affirming Environment: With help from queer therapists and experts from The Trevor Project, here's how to endure isolation with those who might not accept your identity.

Resources for Jewish LGBTQ+ Youth in Quarantine: Although geared toward people based in Chicago, this article provides resources and coping strategies for coping with quarantine.

Coping with Anxiety and Stress During COVID-19: This article by the Trevor Project provides a guide for LGBTQ+ youth to manage anxiety exacerbated by COVID-19.

For College Students Quarantining in Unsupportive Environments: As COVID-19 has drastically increased the number of college students studying remotely at home, this guide provides a plethora of resources specifically for students who feel unsupported in their quarantine environments.

Online Queer Communities to Get Through COVID-19: As COVID-19 has taken away many physical spaces safe for LGBTQ+ youth, the online spaces listed in this blog post have popped up to regain a queer sense of community. Many of them are free to access on Zoom, by phone, or on the web.

Mutual Aid for the LGBTQ+ Community During COVID-19: This is a comprehensive guide to organizations and funds across the country available to LGBTQ+ individuals experiencing financial insecurity during the COVID-19 crisis.

Self-Care During COVID-19: This quick guide provides strategies for taking care of yourself during a time of unprecedented crisis.

Organizations Serving the LGBTQ+ Community During COVID: This list, compiled by It Gets Better, contains organizations all across the country that have agreed to

provide resources for LGBTQ+ individuals during the COVID-19 pandemic. Resources provide health, legal, and emotional support.

Trans-Specific Resources

[Point of Pride's COVID-19 Emergency Fund:](#) Point of Pride is open for applications to the COVID-19 emergency fund for transgender individuals who have experienced financial hardship due to the pandemic. These grants (\$50-75) can be used for HRT, therapy or mental health services, or medical supplies. Note: As of Jan. 1, 2021, applications for the fund have been temporarily closed, but they hope to restart the program in the coming weeks.

[Trans Justice Funding Project's Guide to COVID-19 Resources for Trans People:](#) TJFP compiled a list of organizations and support groups serving the transgender community across the United States during the pandemic.

[National Center for Transgender Equality's COVID-19 Action Plan:](#) The NCTE created a guide geared toward Trans people for dealing with obstacles and emergencies caused by the COVID-19 pandemic.