

# Linda Charmaraman

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## Education and Training

**Scholar of the Mixed Methods Training Program for the Health Sciences**, NIH R25 training recipient, Johns Hopkins/Harvard, 2015-2016

**T32 Postdoctoral Research Training in Child and Adolescent Development**, NICHD, Wellesley College, 2006-2008

**Ph.D., Human Development & Education**, UC Berkeley, 2006

**Dissertation:** *Cognitive and Social Development through Digital Media Construction in the Urban After-School Community*

**M.A., Human Development & Education**, UC Berkeley, 1999

M.A. thesis: *Fostering Insight Through the use of Analogies*

**B.A., Double major in Psychology & Interdisciplinary Field Studies**, Concentration: Cognition & the Learning Process, UC Berkeley, 1996

## Academic/Professional Experience

1997 - 2001	Graduate Student Researcher, part-time, UC Berkeley
1999 - 2000	Graduate Student Instructor, part-time, UC Berkeley
2000 - 2006	Office of Diversity Recruitment and Retention, Grad School of Education, half-time, UC Berkeley
2008 - 2008	Visiting Assistant Professor, Psychology Department, part-time, Wellesley College
2006 - 2008	NICHD T32 Postdoctoral Research Fellow, full-time, WCW, Wellesley College
2008 - 2018	Research Scientist, full-time, WCW, Wellesley College
2018-	Senior Research Scientist, full-time, WCW, Wellesley College

## Funding: Grants & Contracts

2021 - 2022	Project Director, Development of a Pilot SEL and Digital Wellbeing Curriculum in Middle School, Morningstar Family Foundation; \$56,469.
2020 - 2022	Subaward PI, R03, <i>Parental behavior, human-animal interaction, and adolescent development</i> , National Institutes of Child Health and Human Development (NICHD R15); \$102,864.
2020	PI, <i>Addressing Teen Digital Wellbeing</i> . I Am Strong Foundation, \$2,000.
2018 - 2021	PI, <i>Early adolescent social technology use and parental monitoring: Implications for psychosocial and behavioral health</i> . National Institutes of Child Health and Human Development (NICHD R15); \$452,246.
2019 - 2020	Co-investigator, <i>Teen-parent health communication over early, middle and late adolescence</i> . NICHD R03; \$100,000.
2019	PI, <i>Promoting adolescent wellbeing through social media</i> . I Am Strong Foundation; \$2,965.
2017 - 2018	PI, <i>Parent and peer influences on social media use in early adolescence: Implications for psychosocial and behavioral health</i> . Children and Screens: Institute of Digital Media and Child Development, Inc.; \$100,000.
2017 - 2019	Co-investigator, <i>Adolescent communication with family and reproductive health</i> ; National Institutes of Child Health and Human Development (NICHD R21); \$225,396.

- 2016 – 2017 PI, *APT Validation Study III: Reducing cultural bias in youth program quality observations*; William T. Grant Foundation; \$25,000.
- 2013 – 2015 PI, New Connections Fellow, *Risk and resiliency of media and social networking use in vulnerable adolescent populations*; Robert Wood Johnson Foundation; \$100,000.
- 2014 – 2015 Co-investigator, *Improving quality of youth program nationwide: Expanding access to APT and training* (Gannet, PI); Virginia B. Toulmin Foundation; \$125,000.
- 2013 - 2015 Co-PI, *Afterschool program practices tool validation study II: Improving rater reliability* (Tracy, co-PI); William T. Grant Foundation; \$300,000.
- 2013 – 2015 Co-investigator, *Communication about sex in the nuclear family and beyond: Implications for Health*; (Grossman, PI); National Institutes of Child Health and Human Development (NICHD R03); \$154,076.
- 2011 – 2015 Co-evaluator, *Improving teacher quality and school culture by expanding the SEED (Seeking Educational Equity and Diversity) Project and the National Leadership Institute Nationally* (McIntosh, PI); W. K. Kellogg Foundation; \$3,244,331.
- 2011 – 2013 PI, *Promoting public awareness of the road to educational equity for girls of color: A multi-media strategy*; The Schott Foundation for Public Education; \$20,000.
- 2008 – 2013 Co-investigator, *Formative evaluation of the Get Real Middle School Sex Education Curriculum* (Erkut, PI). Planned Parenthood League of Massachusetts, Contract; \$1,316,360.
- 2010 – 2011 Co-PI, *Understanding the impact of arts programming on school dropout: a literature review and program development* (Hall, PI), West Michigan Center for Arts & Technology, Grand Rapids, MI; \$88,944.
- 2009 – 2010 Co-investigator, *Middle school bullying and sexual violence: Measurement issues and etiological models* (Espelage, PI; Stein, subaward PI); University of Illinois, Urbana-Champaign; Centers for Disease Control; \$191,730.
- 2009 – 2010 Co-PI, *Qualitative evaluation case study of the L.I.V.E. Brothers Group* (Hall, PI); Anne E. Borghesani Community Foundation; \$6,800.
- 2008 – 2009 T32 Postdoctoral Fellow, *Out of Harm's Way evaluation* (Hall, PI), Boston, MA.
- 2006 – 2008 T32 Postdoctoral Fellow, *Adolescent Mixed-Ancestry Identity: A Measurement Pilot* (Erkut, PI); National Institutes of Child Health and Human Development (NICHD R21), Wellesley College.

#### **Funding: Internal awards**

- 2019 - 2020 Awardee, Dissemination Award for guest editing a special issue of *Journal of Adolescent Research*; “Adolescent and Emerging Adulthood Development in an Age of Social Media”; \$13,500.
- 2017 – 2018 Awardee, Attitudes about sexism and the workplace: Women’s perspectives in the post-2016 election era; Harold Benenson Memorial Grant, \$10,000.
- 2017 – 2018 Awardee, Dissemination Award to focus on inter-institutional collaborations on adolescent wellbeing and online harassment; \$19,622.
- 2016 – 2017 Awardee, Dissemination Award to focus writing on gender-specific research questions; \$22,780.
- 2016 - 2017 Awardee, *Technology applications to adolescent risk prevention*; Nan May Holstein New Directions Award; \$15,740.
- 2015 – 2016 PI, *Mixed method exploration of gender & racial attitudes: Role of occupational stereotypes on TV and in workplace*; Harold Benenson Memorial Grant; \$20,000.
- 2013 – 2016 Awardee, Susan McGee Bailey Women’s Research Perspectives Fund; \$46,141.
- 2011 – 2013 PI, *Toolkit for online social science research about Media & Identity: Constructing online surveys and strategies for targeting underrepresented young people*; 35<sup>th</sup> Anniversary Fund; \$58,737.

- 2011 Co-investigator, *Family Communication, Culture, and Gender in a Middle School Sex Education Program* (Grossman, PI); 35<sup>th</sup> Anniversary Fund; \$50,621.
- 2011 Co-investigator, *Qualitative study of Cambodian working mothers* (Frye, PI); Harold Benenson Memorial Research Grant; \$9,978.
- 2009 – 2010 PI, *Gender and career identity in the workplace: A case study of a media internship program for girls, Boston, MA*. Harold Benenson Memorial Grant; \$10,000.

### **Funding: Consulting, Fee-for-service, and Other Support**

- 2021 Consultant; study on OST and social equity conducted by Dr. Bianca Baldrige funded by Wallace Foundation
- 2020 - current Scientific Advisor, Forbes Ignite, New York, NY
- 2020 Consultant; Extended Mind, Portland, OR
- 2020 Travel and honorarium support, Technology and the Brain, American Museum of Natural History, New York, NY
- 2013 - 2019 Training and travel support, Robert Wood Johnson Foundation Symposium, Princeton, NJ; Chicago, IL; New Orleans, La; travel and training expenses covered.
- 2018 Travel support, Children and Screens: Institute of Digital Media and Child Development Congress in Cold Springs Harbor Laboratory, NY.
- 2014 - 2017 Conference and Publication support; Robert Wood Johnson Foundation New Connections program, Princeton, NJ.
- 2016 Statistical Training Support, Robert Wood Johnson Foundation; tuition and travel funds for IPSCR 5-day training in *Analyzing Intensive Longitudinal Data: A guide to diary, experience sampling, and ecological momentary assessment methods*. University of Massachusetts, Amherst, MA.
- 2016 Journal article reviewer; *The Trinitian Researcher*; Trinity University of Asia
- 2015 Statistical Consulting Services, Robert Wood Johnson Foundation New Connections program; Methodology support provided by the Center for Statistical Consulting and Research at University of Michigan.
- 2015 Training support, William T. Grant Mixed Methods Meeting, Los Angeles, CA; travel and training expenses covered.
- 2015 Webinar panelist, Robert Wood Johnson Foundation New Connections webinar, *Using Technology to Address Health Disparities*, Princeton, NJ.
- 2014 Keynote speaker, Youth Sexuality Media Forum, *Socialization contexts of youth sexualities: empowering families, schools, peers, and media* co-sponsored by Detroit Youth Passages and the Ford Foundation; Detroit, MI.
- 2014 Training support, William T. Grant Mixed Methods Meeting, Los Angeles, CA; travel and training expenses covered.
- 2013 Statistical Training support, Robert Wood Johnson Foundation New Connections Program; training expenses covered for 3-day online HLM training.

### **Peer-reviewed Publications:**

- Charmaraman, L., Grevet Delcourt, C., Pearl Ben-Joseph, E., Smucker R. (forthcoming) Social media and adolescent mental health. *Encyclopedia of Child and Adolescent Health*. Elsevier.
- Charmaraman, L., Hernandez, J. Maya, & Hodes, R. (forthcoming) Marginalized and understudied populations using digital media. *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge University Press.
- Charmaraman, L., Lynch, A. D., Richer, A.M., & Grossman, J.M.** (in press). Associations of early social media initiation on digital behaviors and the moderating role of limiting use. *Computers in Human Behavior*, 127. <https://doi.org/10.1016/j.chb.2021.107053>
- Charmaraman, L., Hodes, R., & Richer, A.M.** (2021). Young sexual minority adolescent experiences of

- self-expression and isolation on social media: A cross-sectional survey study. *Journal of Medical Internet Research Mental Health*, 8(9):e26207, <https://doi.org/10.2196/26207>  
 PMID: 34524107
- Charmaraman, L., Richer, A.M., Ben-Joseph, E.P., & Klerman, E.** (2021). Quantity, content, and context matter: Associations among social technology use and sleep habits in early adolescents. *Journal of Adolescent Health*, 69(1), 162-165.  
<https://doi.org/10.1016/j.jadohealth.2020.09.035>
- Charmaraman, L., Richer, A. M., Liu, C., Doyle Lynch, A., & Moreno, M.** (2021). Early adolescent social media-related body dissatisfaction: Associations with depressive symptoms, social anxiety, peers, and celebrities. *Journal of Developmental and Behavioral Pediatrics*, 42(5), 401-407.  
<https://doi.org/10.1097/DBP.0000000000000911>; PMID: 33507043
- Hyun, S., Wong, G., Levy-Carrick, N.C., **Charmaraman, L.**, Cozier, Y., Yip, T., Hahm, H.C., & Liu, C.H. (2021). Psychosocial influences on U.S. young adults' posttraumatic growth during the COVID-19 pandemic. *Psychiatry Research*, 302, <https://doi.org/10.1016/j.psychres.2021.114035>
- Charmaraman, L., Grevet Delcourt, C., Serrano Najera, C., Vargas, E., Gramajo, A., Richer, A. M., & Adachi-Mejia, A., &** (2021). Disconnecting and reconnecting: A summer workshop photovoice project to support healthy social media use in early adolescence. *Afterschool Matters*, 34, 1-10.  
<https://www.niost.org/Afterschool-Matters-Spring-2021/disconnecting-and-reconnecting>
- Charmaraman, L., & Grevet Delcourt, C.** (2021). Prototyping for social wellbeing with early social media users: Belonging, experimentation, and self-care. In CHI Conference on Human Factors in Computing Systems (CHI '21), May 8-13, 2021, Yokohama, Japan. ACM, New York, NY.  
<https://doi.org/10.1145/3411764.3445332>
- Mueller, M. K., Richer, A. M., Callina, K. S., & **Charmaraman, L.** (2021). Companion animal relationships and adolescent loneliness during COVID-19. *Animals*, 11, 885.  
<https://doi.org/10.3390/ani11030885>
- Charmaraman, L., Grossman, J. M., & Richer, A. M.** (2020). Same-sex attraction disclosure and sexual communication topics within families. *Journal of GLBT Family Studies*, 17(2), 118-134.  
 DOI:10.1080/1550428X.2020.1820414
- Charmaraman, L., Mueller, M. K., & Richer, A.M.** (2020). The role of pet companionship in online and offline social interactions in adolescence. *Child and Adolescent Social Work Journal*.  
 DOI:10.1007/s10560-020-00707-y
- Charmaraman, L., Moreno, M., Richer, A.M.** (2020). Social and behavioral health factors associated with violent and mature gaming in early adolescence. *International Journal of Environmental Research and Public Health*, 17(14), 4996. <https://doi.org/10.3390/ijerph17144996>
- Charmaraman, L., Bickham, D., Sode, O.** (2020). Adolescent mental health challenges in the digital world. In M. Moreno and A. Hoopes (Eds.), *Technology and Adolescent Health Behavior: In School and Beyond* (pp. 283-304). Elsevier Publishing. <https://doi.org/10.1016/C2017-0-04667-0>
- Davis, K., **Charmaraman, L.**, & Weinstein, E. (2020). Introduction to special issue: Adolescent and emerging adult development in an age of social media. *Journal of Adolescent Research*, 35(1), 3-15. <https://doi.org/10.1177/0743558419886392>
- Grossman, J. M., Nagar, A., **Charmaraman, L.**, & Richer, A. M. (2020). A larger ecology of family sexuality communication: Extended family perspectives on relationships, sexual orientation, and positive aspects of sex. *International Journal of Environmental Research and Public Health*, 17, 1057; doi:10.3390/ijerph17031057
- Charmaraman, L., Chan, H. B., Chen, S., Richer, A., & Ramanudom, B.** (2018) Asian American social media use: From cyber dependence to cyber harassment to saving face. *Asian American Journal of Psychology*, 9(1), 72-86. <https://doi.org/10.1037/aap0000109>
- Charmaraman, L., Gladstone, T., & Richer, A.** (2018). Positive and negative associations with technology on adolescent mental health. In M. Moreno and A. Radovic, (Eds.), *Technology and Adolescent Mental Health* (pp. 61-71). Switzerland: Springer. [https://doi.org/10.1007/978-3-319-69638-6\\_5](https://doi.org/10.1007/978-3-319-69638-6_5)
- Grossman, J.M., Richer, A.M., **Charmaraman, L.**, Ceder, I., and Erkut, S. (2018). Youth perspectives

- on sexuality communication with parents and extended family. *Family Relations*, 67(3), 368-380. doi:10.1111/fare.12313
- Charmaraman, L., Richer, A., Ruffin, B., & Ramanudom, B., Madsen, K.** (2017). Escaping from worries or facing reality: A survey study of adolescent attitudes about sexist and homophobic stereotypes in mainstream US media. In D. Lemish & M. Götz (Eds.), *Beyond the Stereotypes: Boys, girls, and their images* (pp. 213-224). Sweden: The International Clearinghouse on Children, Youth, & Media at Nordicom. Available: <http://norden.diva-portal.org/smash/record.jsf?pid=diva2%3A1535889&dswid=2943>
- James, C., Davis, K., **Charmaraman, L.**, Konrath, S., Slovak, P., Weinstein, E., & Yarosh, L. (2017). Digital life and youth well-being, social-connectedness, empathy, and narcissism. *Pediatrics*, 140, S71. [http://pediatrics.aappublications.org/content/pediatrics/140/Supplement\\_2/S71.full.pdf](http://pediatrics.aappublications.org/content/pediatrics/140/Supplement_2/S71.full.pdf) DOI: <https://doi.org/10.1542/peds.2016-1758F>
- Grossman, J., **Charmaraman, L.**, & Erkut, S. (2016). Do as I say, not as I did: How parents talk with teens about sex. *Journal of Family Issues*, 27(2), DOI: 10.1177/0192513X13511955
- Charmaraman, L., Chan, H., Price, T., & Richer, A.** (2015). Women of color cultivating virtual social capital: Surviving and thriving. In K. E. Tassie and S. M. Brown (Eds.), *Women of color and social media multitasking: Blogs, timelines, feeds, and community* (pp. 1-19). New York: Lexington Books.
- Charmaraman, L., Woo, M., Quach, A., & Erkut, S.** (2014). How have researchers studied multiracial populations: A content and methodological review on 20 years of research. *Cultural Diversity and Ethnic Minority Journal*, 20(3), 336-352. doi: [10.1037/a0035437](https://doi.org/10.1037/a0035437)
- Grossman, J. M., Tracy, A. J., **Charmaraman, L.**, Ceder, I., & Erkut, S. (2014). Protective effects of middle school comprehensive sex education with family involvement. *Journal of School Health*, 84, 739-747. DOI: [10.1111/josh.12199](https://doi.org/10.1111/josh.12199)
- Charmaraman, L., & Grossman, J.** (2014). "Be careful who you friend": Early adolescents' reports of safety, privacy, and family monitoring of Facebook use. *Journal of Youth Development: Bridging research and practice*, 9(1), 86-112. Available online: <http://www.nae4ha.com/current-issue>. DOI: <https://doi.org/10.5195/jyd.2014.74>
- Charmaraman, L., & Low, B.** (2013). From media propaganda to de-stigmatizing sex: A teen magazine by, for, and about girls. In K. Harper, Y. Katsulis, V. Lopez, and G. S. Gillis (Eds.), *Girls' Sexualities and the Media* (pp. 245-261). New York: Peter Lang.
- Grossman, J. M., Frye, A., **Charmaraman, L.**, & Erkut, S. (2013). Family homework and school-based sex education: Delaying early adolescents' sexual behavior. *Journal of School Health*, 83(11), 810-817. DOI: 10.1111/josh.12098
- Charmaraman, L., Jones, A., Stein, N., & Espelage, D.** (2013). Is it bullying or sexual harassment? Knowledge, attitudes, and professional development experiences of middle school staff. *Journal of School Health*, 83(6), 438-444. DOI: 10.1111/josh.12048
- Charmaraman, L.** (2013). Congregating to create for social change: Urban youth media producers and sense of community. *Learning, Media, & Technology*, 38(1), 102-115. DOI: 10.1080/17439884.2011.621956.
- Erkut, S., Grossman, J. M., Frye, A., Ceder, I., **Charmaraman, L.**, & Tracy, A. (2013). Can sex education delay early sexual debut? *Journal of Early Adolescence*, 33(4), 482-497. DOI: 10.1177/0272431612449386
- Charmaraman, L., Lee, A., & Erkut, S.** (2012). "What if you already know everything about sex?" Content analysis of questions from early adolescents in a middle school sex education program. *Journal of Adolescent Health*, 50(5), 527-530. DOI: [10.1016/j.jadohealth.2011.10.004](https://doi.org/10.1016/j.jadohealth.2011.10.004)
- Charmaraman, L., & Hall, G.** (2011). School dropout prevention: What arts-based community and out-of-school time programs can contribute. *New Directions for Youth Development*, 141, 9-27. DOI: 10.1002/ya.416
- Charmaraman, L., & McKamey, C.** (2011). Urban early adolescent narratives on sexuality: Accidental and intentional influences of family, peers, and the media. *Sexuality Research and Social Policy*, 8(4), 253-266. DOI: 10.1007/s13178-011-0052-3
- Charmaraman, L.** (2010). The importance of audience and agency to re-present: Urban youth

media producers in the Bay Area. *Sociological Studies of Children and Youth*, 13, 207-233.

DOI: [10.1108/S1537-4661\(2010\)0000013011](https://doi.org/10.1108/S1537-4661(2010)0000013011)

**Charmaraman, L.**, & Grossman, J. M. (2010). Importance of race and ethnicity: An exploration of Asian, Black, Latino, and Multiracial adolescent identity. *Cultural Diversity and Ethnic Minority Psychology*, 16(2), 144-151. DOI: 10.1037/a0018668

Tracy, A. J., Erkut, S., Porche, M. V., Kim, J., **Charmaraman, L.**, Grossman, J. M., Ceder, I., & Vázquez García, H. (2010). Measurement uncertainty in racial and ethnic identification among adolescents of mixed-ancestry: A latent variable approach. *Structural Equation Modeling*, 17(1), 110-133. DOI: [10.1080/10705510903439094](https://doi.org/10.1080/10705510903439094)

Grossman, J. M., & **Charmaraman, L.** (2009). Race, context, and privilege: White Adolescents' explanations of racial-ethnic centrality. *Journal of Youth and Adolescence*, 37, 1-11. DOI: 10.1007/s10964-008-9330-7

**Charmaraman, L.** (2008). Media gangs of social resistance: Urban adolescents take back their images and their streets through media production. *Afterschool Matters*, 7, 27-37.

### Media/Press Coverage:

October 29, 2021

[https://www.fastcompany.com/90691317/kids-social-media-research-behavior?partner=rss&utm\\_source=rss&utm\\_medium=feed&utm\\_campaign=rss+fastcompany&utm\\_content=rss](https://www.fastcompany.com/90691317/kids-social-media-research-behavior?partner=rss&utm_source=rss&utm_medium=feed&utm_campaign=rss+fastcompany&utm_content=rss)

October 15, 2021

<https://www.childrenandscreens.com/media/press-releases/connection-vs-comparison-3/>

October 7, 2021

<https://www.verywellmind.com/facebook-knew-instagram-was-harmful-to-mental-health-of-teen-girls-said-nothing-5203337>

September 29, 2021

<https://www.verywellfamily.com/new-study-finds-kids-who-spend-more-time-on-screens-have-more-close-friends-5202744>

[http://www.tucsonsentinel.com/opinion/report/092821\\_social\\_media\\_lgbtq/social-media-gives-support-lgbtq-youth-when-in-person-communities-are-lacking/](http://www.tucsonsentinel.com/opinion/report/092821_social_media_lgbtq/social-media-gives-support-lgbtq-youth-when-in-person-communities-are-lacking/)

September 28, 2021

<https://www.audacy.com/wearechannelq/latest/the-safe-spaces-on-social-media-for-lgbtq-youth>

September 28, 2021 <https://theconversation.com/social-media-gives-support-to-lgbtq-youth-when-in-person-communities-are-lacking-166253>

September 21, 2021 <https://www.nytimes.com/2021/09/21/well/family/teens-social-media-help.html>

April 26, 2021 <https://www.lifewire.com/why-audio-is-the-next-big-thing-in-social-media-5180467>

Wellesley -Weston magazine [https://lsc-](https://lsc-pagepro.mydigitalpublication.com/publication/?m=58365&i=692271&p=138)

[pagepro.mydigitalpublication.com/publication/?m=58365&i=692271&p=138](https://lsc-pagepro.mydigitalpublication.com/publication/?m=58365&i=692271&p=138)

Feb 18, 2021

<https://sciencenewsnet.in/being-aware-of-how-social-media-affects-adolescents-body-image-during-national-eating-disorder-awareness-week/>

<https://www.newswise.com/articles/quantity-content-and-context-of-social-media-use-may-affect-adolescents-sleep>

<https://www.verywellhealth.com/pets-during-adolescence-5080955>

<https://www.lifewire.com/why-is-facebook-going-back-to-college-5078004>

9/18/2020

<https://www.newswise.com/articles/new-study-shows-associations-between-adolescents-relationships-with-their-pets-and-their-social-media-use>

<https://www.k12dive.com/news/navigating-cyberbullying-more-difficult-amid-covid-19-but-there-are-option/582771/>

Summer, 2020. 10 Things to Avoid Saying to Your Teenager by Keri Bancroft, Wellesley-Weston magazine.

12/2019

Video games are getting real? Is that a problem? By Garrett Grover, Amir Michael Glenn, Yousif Kuwa, East Rock Record Staff

[https://laurapappano.com/wp-content/uploads/ERRDec19\\_FIN\\_lores.pdf](https://laurapappano.com/wp-content/uploads/ERRDec19_FIN_lores.pdf)

<https://www.baystateparent.com/news/20200519/when-social-distancing-collides-with-social-media>

<https://yourteenmag.com/coronavirus/social-media-for-middle-schoolers>

<https://www.insider.com/how-does-social-media-affect-teenagers>

<https://www.wired.com/story/parents-should-monitor-teens-electronics/>

<https://www.baystateparent.com/news/20191218/should-you-buy-your-tween-smartphone-expert-weighs-in>

<https://medium.com/@feichen255/can-your-family-and-community-be-your-oppressors-post-4-62db7bc395c4>

<https://nypost.com/2019/09/19/why-teens-shoot-video-of-violence-instead-of-helping/>

<https://norwood.wickedlocal.com/news/20190801/strongwellesley-college-coakley-middle-school-promote-healthy-social-media-usestrong>

<https://www.childrenandscreens.com/2018-conference/talks-and-panels/digital-media-mental-health-and-relationships/>

<https://picante.today/latest-news/2018/10/09/6986/the-impact-of-digital-media-on-childrens-health/>

<https://www.prnewswire.com/news-releases/fake-news-cyberbullying-addiction-privacy-social-media-what-we-know---and-dont-know---about-digital-media-and-kids-health-300729793.html>

N

<https://urbancollegeofboston.wordpress.com/2018/06/19/children-and-screens-enewsletter-spring-2018/>

<https://www.blackfeminisms.com/women-of-color/>

<https://splinternews.com/lets-stop-comparing-sex-to-baseball-1793848121>

<https://rampages.us/sarahmuse/>

<https://thelinknewspaper.ca/article/choosing-sides>

### **Non-peer reviewed publications (e.g., research briefs, blogs, webinars, infographics):**

May 10, 2021: <https://catdel.medium.com/prototyping-for-social-wellbeing-with-early-social-media-users-fba4df0c4f9c>

Parent webinar of R15 middle school social technology use study findings,

[wcwonline.org/coakley-webinar](http://wcwonline.org/coakley-webinar)

Infographic, <https://www.wcwonline.org/Publications/infographic-who-are-middle-schoolers-following-on-instagram>

Infographic (2020, Feb). Youtube Turns 15. <https://www.wcwonline.org/images/pdf/youtube-turns-15.pdf>

Richer, A., Ceder, I., **Charmaraman**, L. (2018, Jan). Results from the APT Validation Study III: Reducing cultural biases in youth program observations. Wellesley Centers for Women Research Brief.

Richer, A., **Charmaraman**, L., & Ceder, I. (2018). Measuring program quality, Part 2: Addressing potential cultural bias in a rater reliability exam. *Afterschool Matters*, 27, 28-36.

Tracy, A., **Charmaraman**, L., Ceder, I., Richer, A., & Surr, W. (2016). Measuring program quality: Evidence of the scientific validity of the Assessment of Program Practices Tool. *Afterschool Matters*, 24, 3-11.

**Charmaraman**, L. (2015, January). Social media and internet technology: promoting healthy wellbeing for vulnerable young people. Paper presented at webinar, *Using Technology to Address Health Disparities*, Robert Wood Johnson Foundation, New Connections Program.

**Charmaraman**, L. Blog: Stereotypes and Stigma in the Media. <http://detroityouthpassages.org/2014/07/28/stereotypes-and-stigma-in-the-media-by-linda-charmaraman/>; July 25, 2014.

**Charmaraman**, L., Blog: Facebook: Friend or Foe. <http://www.rwjf.org/en/culture-of-health.html?q=charmaraman>; July 23, 2014.

Price, T., & **Charmaraman**, L. Blog: Mentoring & Girls of Color. <http://www.wcwonline.org/Mentoring-Girls-of-Color/Mentoring-girls-of-color>; January 17, 2013.

**Charmaraman**, L., Blog: It's Our Time: The Empathy Gap for Girls of Color. <http://schottfoundation.org/blog/2012/10/16/its-our-time-empathy-gap-girls-color>; October 16, 2012.

Hall, G., & **Charmaraman**, L. (2011). Growing boys: implementing a boys' empowerment group in an afterschool program. *Afterschool Matters*, 13, 49-51.

Hall, G., & **Charmaraman**, L. (2011). Study finds key factors that support male youth. *School-Aged Notes*, 31(4), 1-6.

Hall, G., & **Charmaraman**, L. (2010). Boys, teens can benefit from inclusion in common-interest groups. *School-Aged Notes*, 31(3), 2-7.

**Charmaraman**, L., & Gruber, D. (2009). Civics education: Engagement needn't wait until high school years. *School-Aged Notes*, 30(3), 2-7.

**Charmaraman**, L. & Wai, J. (1996). A Guide to the empirical Study, the literature review, the case study, and the book review, *Active Intellect*, 2, 35-49.

### **Invited Presentations/Keynote addresses**

**Charmaraman**, L., (2021, November). Urban Health Media Project

**Charmaraman**, L. (2021, November). Invited podcast interview and Technology, Media, Society invited lecture. *Speaking of Psychology* APA podcast series.

Ranney, M., Moreno, M., DasGupta, T., **Charmaraman**, L., Schueller, S. (2021, July). Invited panelist,



*How is adolescent wellbeing shaped through social media?* 2021 Connected Learning Summit, UC Irvine.

Charmaraman, L., (2021, July). Invited podcast interview with Screenstrong. How YouTube impacts middle school development (0:44)

<https://screenstrongfamilies.buzzsprout.com/1460173/8726316-how-youtube-impacts-middle-school-development-with-dr-linda-charmaraman>

Charmaraman, L. (202, December). Invited podcast as scientific advisor at Forbes Ignite.

Charmaraman, L. (2020, October). Mid-career women leaders in STEM. University of Wisconsin, Madison.

Rosen, L., Charmaraman, L., Bagot, K., & Weinstein, E. (2020, July). *Constantly Connected: The social media lives of teens*. Children and Screens Ask the Experts Virtual Workshop Series.

<https://www.youtube.com/watch?v=BfX2TqD4rq8&feature=youtu.be>

Charmaraman, L., Muhammad, S., & Yadav, P. (2020, March). *Cognitive Diversity: Neuroscience behind high-performing teams and innovation*. Forbes Ignite, New York, NY.

Gazzaley, A., Charmaraman, L., & Weinstein, E. (2020, February) *Technology and the Brain*.

Panel discussion presented as part of the New Science, New Solution Series. American Museum of Natural History, New York, NY.

Charmaraman, L. (2019, October). *Digital citizenship and social identities in emerging adulthood*. Invited keynote address for preconference of Society for the Study of Emerging Adulthood. Toronto, CA.

Charmaraman, L., & Moreno, M. (2018, October). Invited panelist. *Health and wellbeing implications of early social media use*. Digital Media and Developing Minds Congress, Cold Springs Harbor Laboratory, NY.

Charmaraman, L. (2016, June). *Social media use in vulnerable populations: Friend or foe?* Invited Opening Keynote Speaker at the Social Media & Adolescent Health Research conference, Seattle Childrens Hospital, Seattle, WA.

Charmaraman, L. (2014, June). *Socialization contexts of youth sexualities: empowering families, schools, peers, and media*. Invited Keynote Speaker for a Youth Sexuality Media Forum, co-sponsored by Ford Foundation and Detroit Youth Passages, Detroit, MI.

Charmaraman, L., Stein, N., & Jones, A. (2010, June). *Voices from middle school teachers and students regarding bullying and sexual harassment/violence*. Presented at the National Center for Injury Prevention and Control, Centers for Disease Control & Prevention, Atlanta, GA.

Charmaraman, L. (2008, July). *Mixed Ancestry: Gaps in the literature*. Presented at the Summit on Mixed Ancestry, Wellesley, MA.

### **Peer-reviewed Conferences**

Charmaraman, L., & Grevet Delcourt, C. (2021, May). Prototyping for social wellbeing with early social media users: Belonging, experimentation, and self-care. Paper presented at the 2021 ACM CHI Virtual Conference on Human Factors in Computing Systems.

Mueller, M., Richer, A., Doyle Lynch, A., Charmaraman, L. (2021, April). *Pet relationships and adolescent loneliness during Covid-19*. Panel presentation to be presented at the annual meeting of SRCD, Virtual meeting.

Zhai, E., Jordan, K., Reeves-Miller, T., Xiao, T., & Charmaraman, L. (2020). *Self-care and wellbeing on social media for adolescents of color*. Panel presented at the Diversity Challenge, Boston College, Boston, MA

Potenza, M., Englander, E. K., Charmaraman, L., & Browne, D., T. (2020, October). *Children and Screens Research Update: How new media habits impact mental health*. Panel presented at the American Academy of Child and Adolescent Psychiatry annual meeting, San Francisco, CA.

Charmaraman, L., Grossman, J., & Ben-Joseph, E. (2020, April). *Blurring the boundaries between home and school: Parents supporting healthy internet and social media use*. Poster accepted to the annual meeting of the American Educational Research Association, San Francisco, CA.

Ben-Joseph, E. P., Hernandez, J. M., & Charmaraman, L. (2020, March). *Restriction to communication: A mixed-method study of parental monitoring style, family closeness, and adolescent screen behaviors*. Paper accepted to the biennial meeting of the Society for Research on Adolescence, San Diego, CA.

- Charmaraman, L., Serrano Najera, C., Adachi-Mejia, A., & Delcourt, C. (2020, March). *Disconnecting and reconnecting: A Photovoice project to support healthy social media use in early adolescence*. Poster accepted to the biennial meeting of the Society for Research on Adolescence, San Diego, CA.
- Charmaraman, L., Richer, A., Unni, S., Serrano Najera, C., Cobas, S. (2019, August). *Playing violent and mature online games: Implications for adolescent health and social interactions*. Poster presented at the American Psychological Association annual meeting, Chicago, IL.
- Charmaraman, L., Richer, A., DeSouza, L., & Madsen, K. (2019, May). *Analyzing liberal voter interpretations of Trump's "Make America Great Again": Implications for race, gender, and political identity*. Paper presented at the International Communication Association, Washington, DC.
- Charmaraman, L., Madsen, K., Richer, A., & DeSouza, L. (2018, August). *How liberal voters interpreted the 2016 trump media campaign: Race, gender, age, and civic issues*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Charmaraman, L., Richer, A., Leu, R., Suleyman, N., & Moreno, M. (2018, August). *Adolescent social media use and body image: Associations with depression, social anxiety, and peers*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Charmaraman, L., Richer, A., & Moreno, M. A. (2018, May). *Psychosocial and physical health associations of early social media use before age 12*. Paper presented at the Pediatric Academic Societies meeting, Toronto, Canada.
- Richer, A., Charmaraman, L., Ceder, I., & DeSouza, L. (2018, April). *Identifying cultural biases: Developing video-based training for the Afterschool Program Practices Tool*. Paper presented at the annual meeting of the American Educational Research Association, New York, NY.
- Charmaraman, L., Ramanudom, B., Chan, H. B., Richer, A., & Tracy, A. (2016, October). *Asian American social media use: From cyber dependence to cyber harassment*. Poster presented at the Society for Research on Child Development Special Topic Meeting: Technology and media in children's development. Irvine, CA.
- Charmaraman, L., & Tracy, A. (2016, August). *Avoiding cultural bias in establishing program observation accuracy: Reflections on our evolving action-oriented mixed methods evaluation design*. Paper presented at the Mixed Methods International Research Association conference, Durham, United Kingdom.
- Tracy, A., Richer, A., & Charmaraman, L. (2016, April). *APT validity and reliability: identifying and minimizing measurement error of youth program observation ratings*. Paper presented at the annual meeting of the American Educational Research Association, Washington, DC.
- Jones, A., Charmaraman, L., Merrin, G., Espelage, D. (2016, April). *School climate, gender, context, and consequences: Effectively addressing middle school sexual harassment at school*. Paper presented at the annual meeting of the American Educational Research Association, Washington, DC.
- Charmaraman, L., Jones, A., Merrin, G., Espelage, D. (2016, April). *Predicting early adolescent online sexual harassment: Associations with dismissive attitudes, peer support, and school belonging*. Poster presented at Society for Research on Adolescence, Baltimore, MD
- Charmaraman, L., Notsu, H., Richer, A., & Parmelee, K. (2016, April). *How early adolescents define sex: Longitudinal associations with Facebook friendship networks and sexual activity*. Poster presented at Society for Research on Adolescence, Baltimore, MD.
- Charmaraman, L., & McField, A. S. (2015, October). *Online networking in Black and Hispanic women: Blogging, social justice, and elections*. Poster presented at the Diversity Challenge, Boston College, MA.
- Charmaraman, L., Richer, A., Tracy, A. (2015, October). *From early adolescence through emerging adulthood: Exploring differences in social media use by age, race, and perceived social status*. Poster presented at the Arthur M. Sackler Colloquia of the National Academy of Sciences, Digital Media & Developing Minds Conference, Irvine, CA.
- Charmaraman, L., Notsu, H., & Richer, A. (2015, May). *Young adolescents on Facebook: parents, peer sexual norms and knowledge about sex*. Paper presented at the International Communications Association, San Juan, Puerto Rico, USA.

- Porche, M. V., Charmaraman, L., & Grossman, J. (2015, April). *Teacher transformation through experiential learning: Personal change towards justice-oriented inclusive education*. Paper presented at the annual American Educational Research Association meeting, Chicago, IL.
- Charmaraman, L., Richer, A., & Chan, B. (2015, March). *Do age and SES matter? A mixed-method exploration of social media use during good and bad times*. Paper presented at Society for Research on Child Development, Philadelphia, PA, USA.
- Charmaraman, L., Price, T., & Lau, R. (2014, August). *The educational opportunity gap for girls of color – a media-messaging strategy*. Paper and documentary presented at the 2014 annual meeting of the American Psychological Association, Washington, DC.
- Charmaraman, L. (2014, March). *Adolescent social media communities: A mixed-method exploration of racial and gender differences in seeking social support*. Paper presented at the 2014 Society of Research on Adolescence Meeting, Austin, TX.
- Grossman, J.M., Tracy, A.J., Charmaraman, L., Ceder, I., & Erkut, S. (2013, November). *Family homework activities in a comprehensive sex education program delay teen sex for boys*. Paper presented at the 2013 conference of the American Public Health Association, Boston, MA.
- Charmaraman, L., & Chan, B. (2013, October). *Televised images and social networking: Asian American media habits and attitudes*. Poster presented at the Diversity Challenge, Boston College, MA.
- Jones, A. E. & Charmaraman, L. (2013, August). *Beliefs about bullies and their victims: Voices from middle school students*. Poster presented at the annual meeting of the American Psychology Association. Honolulu, HI.
- Charmaraman, L., Grossman, J. M., & Erkut, S. (2013, August). *Do as I say, not as I did: Parent talk with teens about sex*. Poster presented at the annual meeting of the American Psychology Association. Honolulu, HI.
- Porche, M. V., Grossman, J., & Charmaraman, L. (2013, August). *Teacher transformation through experiential learning to promote inclusive education*. Poster presented at the annual meeting of the American Psychology Association. Honolulu, HI.
- Grossman, J. M., Charmaraman, L., & Erkut, S. (2013, April). *Family homework and school-based sex education: An intervention in early adolescent development*. Poster presented at the annual meeting of the American Educational Research Association. San Francisco, CA.
- Jones, A. E., Charmaraman, L., & Stein, N. (2013, April). *“They never hear ‘stop’ so they don’t stop”*: *Voices from middle school students about peer sexual harassment and sexual climate*. Paper presented at the annual meeting of the American Educational Research Association. San Francisco, CA.
- Jones, A. E., Charmaraman, L., & Stein, N. (2012, April). *“She was a cute girl who flaunted herself to the boys: Focus groups with middle school teachers about student sexual harassment*. Paper presented at the annual meeting of the American Educational Research Association. Vancouver, Canada.
- Grossman, J., Frye, A., Charmaraman, L., Ceder, I., & Erkut, S. (2011, October). *Short-term impact evaluation of Get Real, a comprehensive sex education curriculum for middle school students*. Paper presented at the 2011 conference of the American Public Health Association, Washington DC.
- Charmaraman, L., Jones, A., & Stein, N. (2011, April). *Factors that influence bullying and sexual harassment perpetration and victimization: Voices from middle school students and teachers*. Presented at the annual meeting of the American Educational Research Association. New Orleans, LA.
- Charmaraman, L., Grossman, J. M., Erkut, S., Ceder, I., & Tracy, A. (2011, April). *Racial-ethnic centrality: Variation in self-perception across multiracial adolescent groups*. Presented at the Society for Research on Child Development. Montreal, Canada.
- Charmaraman, L. (2010, April). *Race and Gender in the Media: Identity Exploration in a Girls’ Magazine Program*. Poster presented at the Conference on Human Development, Fordham University, NYC.
- Charmaraman, L., & Mckamey, C. (2010, March). *Urban Middle School Youth's Perspectives on Relationships: A Visual and Textual Analysis*. Poster presented at the Society for Research on Adolescence. Philadelphia, PA.

- Charmaraman, L. (2010, March). *Adolescent notions of success: Identity explorations in a girls' media program*. Poster presented at the bi-annual meeting of the Society for Research on Adolescence. Philadelphia, PA.
- Charmaraman, L. (2009, April). *Adolescent notions of social justice and feminism: Exploratory case study of a girls' media program*. Paper presented at the annual meeting of the American Educational Research Association, San Diego, CA.
- Charmaraman, L., & Grossman, J. (2008, March) *Relationship between Racial/Ethnic Composition of School and Centrality of Race/Ethnicity to Adolescent Identity*. Paper presented at the Annual Meeting of the American Educational Research Association, New York, NY.
- Tracy, A., Erkut, S., Porche, M., Kim, J., Charmaraman, L., Grossman, J. M., Ceder, I., & Vásquez-Garcia, H. (2008, March). *Alternative approaches to capturing racial/ethnic identification for mixed ancestry adolescents*. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Grossman, J. M., & Charmaraman, L. (2008, March). *Race, context, and "Whiteness": Teens' explanations of racial centrality*. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Charmaraman, L. (2007, April). *The importance of audience and agency to re-present: Urban youth media producers in the Bay Area*. Paper presented at the Annual Meeting of the American Educational Research Association, Chicago, IL.
- Charmaraman, L. (2006, July). *Assessing social and cognitive development through digital media arts production in an after-school program for urban adolescents: A mixed methods approach*. Poster presented at the 2<sup>nd</sup> Annual Mixed Methods Conference, Fitzwilliam College, Cambridge University, United Kingdom.
- Charmaraman, L. (2006, July). *Exploring imaginative worlds through digital storytelling in an urban after-school community*. Paper presented at the 4<sup>th</sup> annual International Conference on Imagination and Education. Simon Fraser University, Vancouver, British Columbia, Canada.
- Charmaraman, L. (2006, April). *Collaboration, optimism, constructive criticism, and mentoring between at-risk students through after school media production*. Paper presented at the annual meeting of the American Educational Research Association, San Francisco, CA.
- Charmaraman, L. (2006, April). *Building collaboration, communication, and sense of community through digital media technologies: An Oakland case study*. Paper presented at the annual meeting of the American Educational Research Association, San Francisco, CA.
- Charmaraman, L. (2005, April). *Becoming visible: Teacher support for classroom film and media use*. Paper presented at the annual meeting of the American Educational Research Association, Montreal, Canada.
- Charmaraman, L. (2002, April). *Assessing the value of film and video use in the classroom: A historical study of beliefs*. Paper presented at the annual meeting of the American Educational Research Association, New Orleans, LA.
- Charmaraman, L. (2000, July). *Supporting the development of informal mathematical knowledge in young children*. Poster presented at the Head Start National Research Conference, Washington D.C.
- Charmaraman, L. (2000, April). *College student beliefs about the concept of insight*. Paper presented at the annual meeting of the American Educational Research Association, New Orleans, LA.

### **Campus Talks**

- Charmaraman, L., (2021, January). *Visible Silence* documentary screening and moderated Q&A. Sponsored by the Southeast Asian Student Association, Wellesley College.
- Charmaraman, L., Delcourt, C., Serrano Najera, C., Vandergriff, P., & Kim, Ashley. (2019, October). *Meeting them where they are: Designing an app for adolescents' early social media use*. Presented at the Social Change Dialogues speaker series, Wellesley Centers for Women, Wellesley College.

- Charmaraman, L., Madsen, K., & Richer, A. (2019, July). Analyzing liberal voter interpretations of Trump's MAGA: Implications for race, gender, and political identity. Presented at the Summer Social Sciences Internship seminar, Wellesley College.
- Charmaraman, L., Metaxas, P., Norem, J., Sichel, D. (2018, November). *Race, gender, and the #MeToo movement*. Invited panelist for moderated discussion about the Midterm Elections 2018. Wellesley College.
- Charmaraman, L., Cobas, S., Serrano Najera, C., Unni, S., & Sode, O. (2018, October). *Digital citizenship, health, and wellness*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Charmaraman, L. (2018, July). *Promoting wellness on social media: Raising young people to be digital citizens*. Presented at Mothers without Borders Conference, presented by Wellesley College, Radcliffe Institute, and Harvard University.
- Charmaraman, L., (2018, June). *Impact of social media and television*. Women of Color Conference workshop presentation. Wellesley College.
- Charmaraman, L., DeSouza, L., Madsen, L., and Leu, R. (2017, November). *Life in the Trump era: A look at gender, culture, and civic engagement*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Charmaraman, L. (2017, September). *Collecting time-sensitive data during pivotal election eras: Media & Identity project 5 years later*. Presented at the Council of Advisors meeting, Wellesley Centers for Women, Wellesley College.
- Charmaraman, L. (2017, June). Power of mentorship. Class of '67 reunion panel discussion. Wellesley College.
- Charmaraman, L., Arimoro, F., Ruffin, B., Madsen, K., & Ramanudom, B. (2017, April). *Media use, civic engagement, and health*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Charmaraman, L. (2016, October). *Biracial girls, identity, and media representation*. Panel discussion at book reading event, An intimate look at race: Growing up biracial in a racially-torn world. Wellesley College.
- Charmaraman, L. (2016, June). *Policy recommendations on mass media and social media for the next President of the United States*. Presented at the 2016 Wellesley College reunion panel.
- Charmaraman, L., Ramanudom, B., Chan, H. B., & Richer, A. (2015, October). *Risk and resilience of online social media relationships and networks*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Charmaraman, L., & Richer, A. (2014, October). *Televised and social media: promoting healthy well-being for vulnerable youth*. Paper presented at the Wellesley Centers for Women brownbag lecture series, Wellesley College.
- Charmaraman, L., Tracy, A., & Richer, A. (2014, April). *Asian American media habits and mental health*. Invited talk for the Wellesley Asian Alliance. Wellesley College.
- Charmaraman, L., Chan, B., & Ericksen, B. (2013, October). *Stereotypes, stigma, and status: Results from the Adolescent Media & Identity Project*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Charmaraman, L. (2013, June). *Educational equity for girls of color: A multimedia strategy to increase empathy*. Documentary screening and discussion at the Jean Baker Miller Intensive Institute, Wellesley College.
- Charmaraman, L. (2010, November). *Advocating for youth voice: Qualitative and mixed methods inquiry with minority urban adolescent populations*. Presented at the 35<sup>th</sup> Anniversary symposium for the Wellesley Centers for Women, Wellesley.
- Charmaraman, L., Stein, N., & Jones, A. (2010, October). *The overlap between bullying and sexual violence in middle schools: Perspectives from students and educators*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Hall, G., & Charmaraman, L. (2010, April). *Boy Time: Early findings from an ethnographic study of a middle school boys' empowerment group*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Charmaraman, L., Low, B., & Bloomfield, K. (2010, March). *Teen Voices: Identity development in a*

- community-based media internship*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Grossman, J. M., & Charmaraman, L. (2008, April). *Racial Identity Among European-American Adolescents: A Developmental Look at White Privilege*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Charmaraman, L. (2007, October). *Adolescents expressing identity through media production*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series, Wellesley College.
- Community Conversations (invited workshops, talks, strategic planning with community partners)**
- Charmaraman, L., Gramajo, A., Cromwell, J., Hodes, R., & Lund, N. (2020, November). Findings from the Social Media Use, Health, and Parental Monitoring Study. Zoom webinar for parents participating in the NIH R15 study at a local middle school.
- Charmaraman, L., & Grevet Delcourt, C. (2020, July). Digital Wellbeing, Identity, and STEM Summer Workshop, Virtual workshop for middle school students across 3 states.
- Charmaraman, L. (2020, July). SEL and social technology use during remote learning. Invited panelist for Webinar. Open Circle, Wellesley, MA.
- Charmaraman, L. (2020, March). Social media and mental health: promoting digital wellbeing for young people. Invited speaker with Ruderman Family Foundation and Link22.
- Charmaraman, L., & Grevet Delcourt, C. (2019, July). Co-ed Summer Workshop for Social Media Awareness and App Development, Coakley Middle School, Norwood, MA.
- Charmaraman, L., Grossman, J., & Moreno, M. (2018, September). *Learning, social media, and healthy behaviors Pilot Study*. Panel discussion for parents at local middle school in MA.
- Charmaraman, L. (2018, May). *Bicultural identities lost in translation? Growing up bicultural, Asian American identity, family socialization, media habits, and mental health*. Talk presented at the National Association of Asian American Professionals, Bottom Line, Jamaica Plain, MA.
- Charmaraman, L., Richer, A., & Ceder, I. (2017, December). Findings from the APT Validation Study III: Reducing cultural bias in youth program observations. Presentation for the Program Quality Supervisor of the Massachusetts Quality Rating and Improvement System (QRIS). Wellesley, MA.
- Charmaraman, L., & Hall, G. (2017, March). *Understanding rater bias*. Workshop discussion at Boston After School and Beyond, Boston, MA.
- Charmaraman, L. (2016, November). *Preventing vulnerable adolescent substance use and risky sexual behaviors through peer online engagement with a web-based intervention*, Invited talk at Center for Quality of Care Research, Baystate Medical Center, Springfield, MA.
- Charmaraman, L. (2017, September). *Social media and internet technology: promoting healthy wellbeing for young people*. Invited talk at the Wellesley Friendly Aid Forum.
- Charmaraman, L., Notsu, H., & Richer, A. (2016, June). *Parents and peers on Facebook: Longitudinal associations with sexual activity and definitions of sex*. Presented at the 2016 Social Media and Adolescent Health Research Team (SMAHRT) conference, Seattle, WA.
- Charmaraman, L. (2015, November). *Promoting healthy peer online social norms regarding adolescent substance use and sexual activity*. Invited talk at Center for Quality of Care Research, Baystate Medical Center, Springfield, MA.
- Charmaraman, L., Tracy, A., Price, T., Grossman, J., & Erkut, S. (2013, June). *Preliminary results from a web-based recruitment study on Media & Identity of vulnerable young people*. Poster presented at the Seventh Annual Robert Wood Johnson Foundation New Connections Symposium, Princeton University.
- Charmaraman, L., McKinney, M., & Sung, K. (2006, March). *Diversity recruitment strategies at the UC Berkeley Graduate School of Education*. Poster presented at the 6<sup>th</sup> annual GSE Research Day, Berkeley, CA.
- Charmaraman, L. (2006, April). Asian-American youth and community development. Panelist at 16<sup>th</sup> Annual Asian Pacific Islander Issues Conference: *Walking on eggshells - Cracking stereotypes in search of hidden truths*, UC Berkeley.

### **Mentored Student Presentations/Theses/Fellowships:**

- Xiao, L.F. T. & Gu, C. Q. (2021). XXXX Panel presented at the Tanner Conference, Wellesley College.
- Xiao, L.F. T., Gu, C. Q., Durrani, S., Hainzl-Fernandez, M. & Delcourt, C. (2021). Girls in STEM & social media. Poster presented at Social Sciences Summer Internship Program, Wellesley College.
- Xiao, L. F. T. (2021). XXXXX Powerpoint presentation at Social Sciences Summer Internship Program, Wellesley College.
- Reeves-Miller, T., Xiao, T., Zhai, E., & Jordan, K. (2021). Self-care and wellbeing on social media for adolescents of color. Ruhlman Conference, Wellesley College.
- Smucker, R., Hodes, R., Cromwell, J., Sjoblom, G. (2021). YouTube in middle school: Implications for parental monitoring and mental health. Ruhlman Conference, Wellesley College.
- Hodes, R. (2021). Social isolation and self-expression online for LGBT+ youth. Ruhlman Conference, Wellesley College.
- Hodes, R. Class of '67 Internships at Wellesley Centers for Women. Ruhlman Conference.
- Pearl Ben-Joseph (2020). *Pre-bedtime use of social technology is differentially associated with depressive symptoms in young adolescents*. Brown University School of Public Health, MPH program.
- Lund, N. (2020, April). *What happens online doesn't stay online: Institutional partnerships in the trajectory of middle school students*. Accepted to the Ruhlman Conference, Wellesley College, MA. [Cancelled due to Covid-19 pandemic]
- Serrano Najera, C. (2019, July). *Summer app development workshop*. Presented at the Social Sciences Summer Research program. Wellesley College, MA.
- Cobas, S. (2019, May). *How do middle school youth use Snapchat?* Presented at Ruhlman Conference, Wellesley College, MA.
- Serrano Najera, C. (2019, May). *Online gaming: Implications for adolescent health and social interactions*. Presented at Ruhlman Conference, Wellesley College, MA.
- Sode, O. (2019, May). *The intersection of social media, sexual behavior, substance use, & self-harm in middle schoolers*. Presented at Ruhlman Conference, Wellesley College, MA.
- Unni, S. (2019, May). *Practices in ethical research methods in the social sciences*. Presented at Ruhlman Conference, Wellesley College, MA.
- Okoli, M. (2018, April). *Pocket politics: A mobile revolution for political engagement*. Thesis presented at Ruhlman Conference, Wellesley College, MA.
- Ramanudom, B. (2018, April). Cognitive dissonance at the intersection of tech and social good. Mellon-Mays fellowship thesis presented at Ruhlman Conference, Wellesley College, MA.
- Madsen, K. (2017, July). *Social identities and conflicting connotations: "Make America Great Again" and our relationship with the past*. Presented at the Social Sciences Summer Research Program, Wellesley College, MA.
- Madsen, K. (2017, April). *"Make America Great Again": Slogans and the power of nostalgia*. Presented at Ruhlman Conference, Wellesley College, MA.
- Ruffin, B. (2017, April). *Black women and perceived masculinity in the media*. Mellon-Mays fellowship thesis presented at Ruhlman Conference, Wellesley College, MA.
- Price, T., & Charmaraman, L. (2016, August). *Social media: a potential tool for Black women's mental health*. Paper presented at the annual convention of the Association of Black Psychologists, Arlington, VA.
- Price, T., Charmaraman, L., Chan, H. B., & Richer, A. (2015, November). *Women of color and social media multitasking: Blogs, timelines, feeds, and community*. Chapter presented at the National Communication Association, Las Vegas, NV.
- Chan, B.Y. (2015, April). *"It made me feel like I had a support system even though I felt alone in that moment": Exploring ways women of color cultivate online social networks to survive and thrive in the real world*. Presented at Ruhlman Conference, Wellesley College, MA.
- Keane-Lee, J. A. (2015, April). *Looking like me on TV: How mainstream racial representation impacts civic engagement*. Presented at Ruhlman Conference, Wellesley College, MA.
- Chan, B., & Charmaraman, L. (2014, October). *Impact of Stereotyped Media Portrayals on Asian*

- American and Latina Women*. Poster presented at the annual Diversity Challenge, Boston College, MA.
- Chan, B., Andriulli, G., Saladi, N., & Sarwar, P. (2014, April). *Wellesley Centers for Women Student Research Interns*. Presented at Ruhlman Conference, Wellesley College, MA.
- Chan, B. (2013, October). *New York City Chinatown 1940s-1960s: Stories of discrimination, resistance, and resilience*. Presented at the Tanner Conference, Wellesley College, MA.
- Ericksen, B. (2013, July). *LGBT youth engaging with identity online*. Presented at the Social Sciences Summer Research Program, Wellesley College, MA.
- Lee, A., & Charmaraman, L. (2011, August). *Anonymous questions from middle school sex education courses: What do themes tell us about early urban adolescent development?* Poster presented at the annual meeting of the American Psychological Association. Washington, DC.

### Teaching experience:

- Fall 2021 *Visiting lecturer*, Calderwood Seminar: Social technologies and adolescent development, Education course, Wellesley College
- Spring 2020 *Guest lecturer*, Mind and Media, Psychology course, Wellesley College
- Fall 2019 *Guest lecturer*, Social Computing, Computer Science course, Wellesley College
- Spring 2016 *Guest lecturer*, co-sponsored by Music and Women's Studies, Northeastern University
- Fall 2014 *Guest lecturer* in Film Music course, Northeastern University
- Spring 2014 *Guest lecturer*, Wellesley College Asian Alliance
- Spring 2013 – 2014 *Guest lecturer* in Women's Studies course, Wellesley College
- Spring 2008 *Visiting Assistant Professor*, Department of Psychology, Wellesley College; Asian American Psychology.
- Spring 2008 *Guest lecturer* in Media and Adolescence course, Boston College
- Spring 2004 *Guest lecturer* in Early Childhood Development, UC Berkeley; Media & Child Development and Gender & Child Development.
- Spring 2004 *Graduate Student Instructor*, Early Childhood Development (K-3<sup>rd</sup> grade)
- Spring 2000 *Guest lecturer* in Cognitive Science, UC Berkeley; Development of Concepts, Scripts, and Schemas.
- 1999 - 2000 *Graduate Student Instructor*, Introduction to Cognitive Science; UC Berkeley

### Other Professional Activities:

- 2021- *Ad-hoc Reviewer*, *Technology, Mind, & Behavior, Psychiatry Research, Asian American Journal of Psychology*
- 2021- Grant reviewer, Robert Wood Johnson Foundation, Health Equity Scholars for Action
- 2020 - Grant reviewer, Children and Screens: Institute of Digital Media and Child Development, Digital Media and the Developing Brain seed grants
- 2020 - NICHD early career grant reviewer, study section Social Psychology, Personality, and Interpersonal Processes (SPIP), June 2020 cycle
- 2020 - Grant design group, Robert Wood Johnson Foundation Alumni Network Activation seed fund
- 2020 - *Ad-hoc Reviewer*, *JAMA Pediatrics, Depression and Anxiety, Computers in Human Behavior, American Psychologist, Psychological Science, Journal of Medical Internet Research*
- 2018 - 2020 *Guest editor* of special issue for *Journal of Adolescent Research* on Adolescent Development in an Age of Social Media
- 2018 - *Ad-hoc Reviewer*, *The Journal of Pediatrics*
- 2016 - *Ad-hoc Reviewer*, *American Journal of Sexuality Education, Journal of Adolescence*
- 2015 - 2016 *Scholar* of the NIH Mixed Methods Research Training Program for the Health Sciences, Johns Hopkins, Baltimore, MD
- 2014 – *Ad-hoc Reviewer*, *Developmental Psychology*
- 2014 *Leadership at its best*, professional development program from the Center for Positive Organizations, sponsored by Robert Wood Johnson Foundation.
- 2014 *Guest speaker*, Domestic Violence Ended (DOVE) event to celebrate women and girl survivors of domestic and sexual violence
- 2013 - *Website co-producer*, [www.equity4girls.com](http://www.equity4girls.com)



2012 –	Ad-hoc Reviewer, <i>Journal of Adolescent Health, Journal of Adolescent Research, Sex Education</i>
2010 - 2012	Ad-hoc Reviewer, <i>Cultural Diversity and Ethnic Minority Journal, Journal of Early Adolescence</i>
2009 - current	Ad-hoc Reviewer, <i>Teachers College Record, Journal of Research on Adolescence</i>
2011 – 2013	Director/Producer, <i>It's our time: The empathy gap for girls of color</i> (29 mins, color, video)
2000 – 2006	<i>Director/Internship Coordinator; Women of Color Film Festival, Berkeley and San Francisco, CA</i>
2000 – 2006	<i>Women's Department Producer/College Radio Show Programmer; KALX 90.7fm</i>
2000 – 2006	<i>Co-coordinator, Graduate Student Minority Mentorship Program, Graduate School of Education, UC Berkeley.</i>
2000 – 2006	<i>Graduate Student Rep, Graduate School of Education Equity Committee, UC Berkeley.</i>

**Professional Memberships:**

Society for Research on Adolescence (SRA)  
 Society for Research on Child Development (SRCD)  
 American Educational Research Association (AERA)  
 International Communication Association (ICA)  
 Mixed Methods International Research Association (MMIRA)